



HOUSING

Foundational Community Supports

Amerigroup Third Party Administrator Contact Information

myamerigroup.com/washington-fcs/home.html

FCSTPA@amerigroup.com

1-844-451-2828 (TTY 711)
Monday through Friday from 8 a.m. to 5 p.m.

Washington Tenants Union

Statewide Hotline open at 206-723-0500

Oxford Housing

wa.oxfordhouse.us

U.S. Department of Housing and Urban Development

resources.hud.gov/

Pathways to Housing

[bit.ly/https://bit.ly/path2housing](https://bit.ly/path2housing)

Coordinated Entry link for all housing resources across the state.

bit.ly/coordinated-statewide-housing



PHONE

Medicaid Cell Phone info

fcc.gov/consumers/guides/lifeline-support-affordable-communications



FOOD

Washington Food Map

Northwest Harvest COVID-19 response

northwestharvest.org/statewide-network



EMPLOYMENT

Worksource

Get help from WorkSource staff

833-572-8400

OR Live Chat using

WorkSourceWA.com

Click to contact specific location

Worksource HOT JOBS Link

Employment opportunities

worksourceskc.org/critical-job-opportunities

Pathways to Employment

<https://bit.ly/path2employment>



BENEFITS

Veterans Benefits Administration

For help with applying for benefits, healthcare, education and training, employment, insurance, home loans, and other compensation

1-800-827-1000

Social Security Administration

For assistance with your benefits or help to apply for retirement, spouse, Medicare, or disability benefits

1-800-772-1213

Department of Social and Health Services (DSHS)

For assistance with cash benefits if you can't work, assistance in getting food, childcare assistance, and medical assistance (aged, blind, disabled, facility and in-home care). Full Services available by phone or Web

1-877-501-2233

WashingtonConnection.org

Washington State Dept of Veterans Affairs

1-800-562-2308

dva.wa.gov/

Integrated Behavioral Health

Re-Entry Resources



Washington State
Health Care Authority

HCA 82-0320 (5/2020)



RIGHTS AND PROTECTIONS

Disability Rights Washington

disabilityrightswa.org/

(800) 562-2702 OR (206) 324-1521

The Washington State Human Rights Commission

Contact to make a complaint about discrimination.

hum.wa.gov/discrimination-complaint

Toll Free: 1-800-233-3247, TTY: 1-800-300-7525

The Attorney General's Office Consumer Protection Division

Contact to make a complaint about access to medical care, including residential treatment and long-term care facilities.

atg.wa.gov/file-complaint

Toll Free: 1-800-551-4636



RESOURCE LISTS

211

Up to date regional resources available
Available M-F 8am-5pm

Call 211 OR text zip code to 898-211 for information

211.org/

Institutional Library Wiki-Reentry Database

Reentry resources listed per County

bit.ly/Wiki-reentry-DB

COVID-19 Help for Washington

COVID-19 related resources in several categories

covid19helpwa.org/

USDA COVID-19 Rural Resource Guide

bit.ly/USDA-COVID19-guide

Washington State COVID-19 Website

coronavirus.wa.gov



MENTAL HEALTH & SUBSTANCE USE

WA Listens

1-833-681-0211

walistens.org

Updated MH and SUD resources (HCA list)

hca.wa.gov/covid-19-bh-providers

Updated for COVID-19 closures, etc.

Washington Recovery Helpline (WRHL)

24/7 emotional support and treatment referrals for SUD, MH, MAT, and gambling

1-866-789-1511

warecoveryhelpline.org/

Alano Club / 12 Step Meetings

In person meetings are Closed. Online only

AA online: aa-intergroup.org/

NA Online: bit.ly/NA-online-meetings

Learn About Treatment

Learnabouttreatment.org

Smart Recovery

Find local meetings

smartrecoverytest.org/local/

Crisis Lines, ASO

Includes Mental Health Crisis Lines for each County

hca.wa.gov/mental-health-crisis-lines

Substance Abuse and Mental Health Services Administration (SAMHSA)

1-800-662-4357

samhsa.gov/find-help/national-helpline



MEDICAL

Apple Health MEDICAID

Medical assistance for non-disabled childless adults, children, and pregnant women. Apply for free Apple Health year-round or see if you qualify for special enrollment.

wahealthplanfinder.org

1-855-923-4633

FREE Medical Clinic List by County

wahealthcareaccessalliance.org/free-clinics

WA Department of Health Hotline

Call for COVID-19 information

1-800-525-0127

Washington COVID-19 TEXTS

Text the word "Coronavirus" to 211-211 to receive information and updates on your phone.

MEDICAID ACTIVATION ISSUES?

Phone 800-562-3022

medicaidsuspension@hca.wa.gov



Prescription refill rule

WAC 246-869-105 allows a pharmacist, among other things, to grant an emergency refill of an expired prescription for up to a seventy-two hour supply for medications that are not maintenance medications, and a thirty-day supply for a maintenance medication if the pharmacist is unable to obtain refill authorization from the prescriber.